

IT'S IN YOUR HANDS... WHAT IS YOUR PLAN?

Preventing Poisonings in Your Home



What can you include in YOUR home poison prevention plan?

Here are a few things you can do to prevent unintentional poisonings in your home:

- ✓ Keep the Poison Centre's phone number somewhere visible and as a contact on your phone (see contact below).
- ✓ Use a lock box to store all medications and cannabis products when possible.
- ✓ Use child locks on cupboard/cabinet doors where poisons may be stored.
- ✓ Keep all products in original packaging with child-resistant tops.
- ✓ Ensure caps on medication bottles are replaced correctly after each use.
- ✓ Do not take medications or cannabis edibles in front of children.
- ✓ Keep bags that visitors may bring into your home out of reach.



How can you help educate your child about poisons?

- ✓ Teach younger children why they must always ASK before touching, smelling, or tasting a product they find.
- ✓ Talk to older children about what they can do to help with poison prevention, especially if there are young children in the home.



If you suspect that your child has accessed a poison, contact the IWK Regional Poison Centre immediately at 1-800-565-8161 in NS and PEI. In NB, call 911.

CHILDSAFETYLINK
Here for you.

A program of the
IWK Health Centre



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