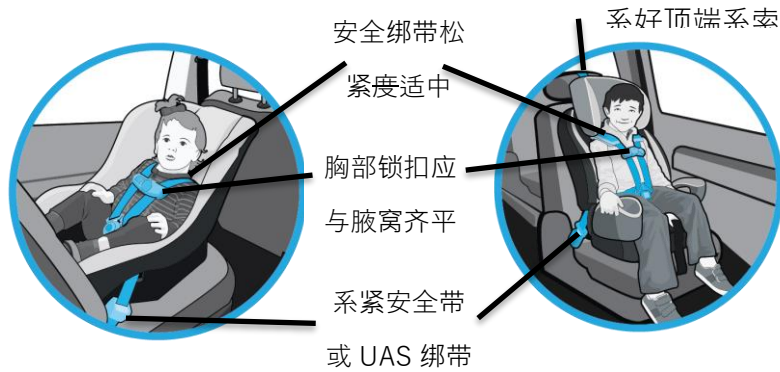


您是否为孩子选择了合适的汽车安全座椅？



后向座椅

- 后向座椅可在撞击时为宝宝的头部、颈部和脊椎提供最佳保护。
- 随着宝宝成长，请更换尺寸较大的后向座椅。
- 对2-4岁的幼儿来说，后向座椅最为安全。
- 只要宝宝的身形仍适合后向座椅，就可以一直使用。

系好顶端系索



前向座椅

- 因体型长大而无法继续使用后向座椅的儿童，可换用前向座椅。
- 在儿童体重达到 18 公斤（40 磅）并能够正确坐在汽车座椅中以前，也就是在他们 4-6 岁之间，您可以一直为他们使用 5 点式绑带儿童安全座椅。
- 如果儿童身型成长过快，您需要使用针对更高及更重儿童的 5 点式绑带儿童安全座椅。

头部及颈部后方支撑



髋部和肩膀安全带

加高式座椅

- 加高式座椅可以将儿童垫高，从而使成人用安全带可以固定住儿童最强壮的骨骼。
- 使用加高式座椅的儿童体重必须达到 18 公斤（40 磅）。
- **坐在安全座椅中的儿童必须能够坐直，且他们在行车途中不会来回移动或解开安全带。**
- 在儿童身高达到 145 厘米（4 英尺 9 英寸）并可以正常使用成人安全带之前，您都应该给他们使用加高式座椅。

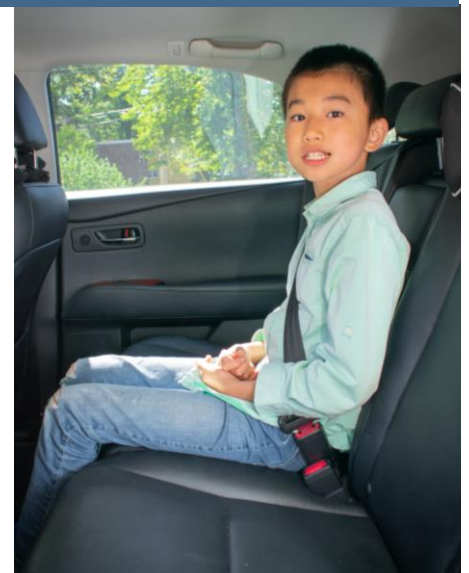
务必遵守儿童安全座椅使用规则。

您的孩子是否正确使用了安全带？

- 您的孩子身高是否达到145厘米（4英尺9英寸）？
- 孩子完全坐进汽车座椅后，膝盖是否可以沿座椅边缘自然弯曲？
- 安全带是否位于髋骨处且松紧度合适？
- 肩带是否穿过胸部且位于颈部与肩部之间？
- 您的孩子是否可以全程自然地保持这一坐姿？

若您的孩子为能满足上述所有5项要求，他们每趟行程仍需使用加高座椅。

对13岁以下儿童来说，汽车后座最为安全。

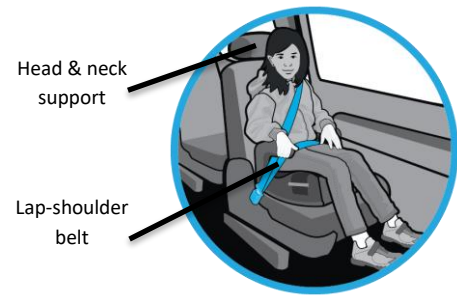
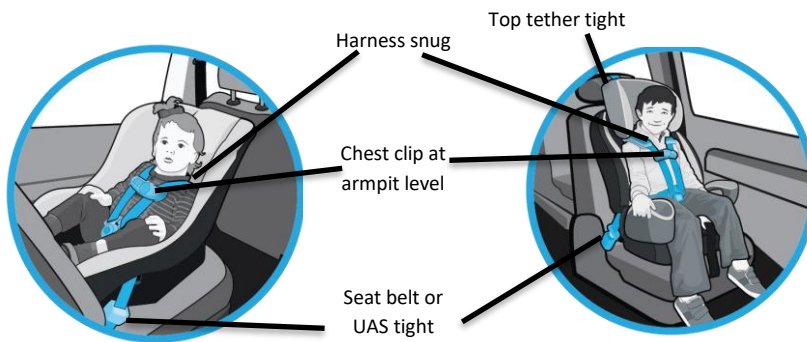


有问题请致电 1-866-288-1388

Childsafetylink.ca

IWK 健康中心服务项目

Is your child in the right seat?



Rear-facing seat

- A rear-facing seat provides the best protection for your child's head, neck and spine in a sudden stop or crash.
- When your baby outgrows the infant seat, use a larger rear-facing seat.
- Your child is safest riding rear-facing until 2, 3 or even 4 years old.
- Keep your child rear facing for as long as he or she still fits the larger, rear-facing seat.

Forward-facing seat

- A forward-facing seat protects a child who has outgrown his or her larger rear-facing seat.
- Keep your child in a 5-point harness until he or she weighs at least 18 kg (40 pounds) and is able to sit correctly. This may be at 4, 5 or even 6 years old.
- If your child outgrows this seat before he or she is ready, you will need a 5-point harness seat that will hold a taller, heavier child.

Booster seat

- A booster seat lifts the child up so that the adult seat belt fits across the strongest bones.
- Your child must weigh at least 18 kg (40 pounds) to use a booster seat.
- Your child must be able to sit straight and tall without moving around or unbuckling.
- Use a booster seat until your child is at least 145 cm (4 feet 9 inches) tall and fits the seat belt correctly.

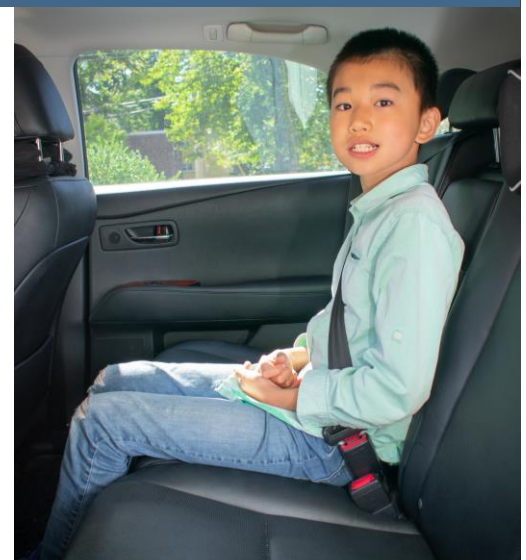
Always follow the instructions for your seat.

Can your child safely use a seat belt?

- Is your child at least 145 cm (4 feet 9 inches) tall?
- Do your child's knees bend comfortably at the edge of the seat when he or she is sitting all the way back?
- Does the lap belt stay low and snug across the hip bones?
- Does the shoulder belt cross the chest and stay between your child's neck and shoulder?
- Can your child sit like this for the whole trip without slouching?

Until your child can meet all 5 steps, keep using a booster seat on every ride.

Children under the age of 13 are safest in the back seat.



Have questions?
Call us at 1-866-288-1388

Childsafetylink.ca

A program of the IWK Health Centre